In the Claims:

This listing of the claims replaces all previous listings of the claims.

1.-7. (Canceled)

8. (Currently Amended) A method of forming a fiber-reinforced plastic article, said method comprising the steps of:

continuously pultruding a fiber-reinforced plastic article to form a fiber-reinforced plastic article having a first partially cured state;

continuously shaping the first fiber-reinforced plastic article having the first partially cured state into a spirally wound shape; and then

curing the fiber-reinforced plastic article having the first partially cured state to form a spirally wound fiber-reinforced plastic article having a second cured state that is more rigid than the fiber-reinforced plastic article having the first partially cured state.

9. (Currently Amended) The method according to Claim 8, wherein the shaping step comprises ~~the~~ a step of molding the fiber-reinforced plastic article on a rotatable mold.

10. (Currently Amended) The method according to Claim 9, wherein the shaping step further comprises ~~the~~ a step of drawing the fiber-reinforced plastic article having the first partially cured state through a die having a cross-section to form a fiber-reinforced plastic article having the first partially cured state and having substantially said cross-section.

11. (Original) The method according to Claim 10, wherein a portion of said rotatable mold defines a portion of said die, and wherein the drawing step and the molding step occur contemporaneously.

12. (Currently Amended) The method according to Claim 8, wherein the shaping step comprises ~~the~~ a step of drawing the fiber-reinforced plastic article having the first cured state through a die having a cross-section to form a fiber-reinforced plastic article having the

first partially cured state and having substantially said cross-section.

13. (Original) The method according to Claim 12, wherein the curing step and the drawing step occur contemporaneously.

14. (Original) The method according to Claim 8, wherein the curing step comprises inputting energy into the fiber-reinforced plastic article, and wherein a ratio of the energy input per unit length of the fiber-reinforced plastic article is substantially constant.

15. (Original) The method according to Claim 14, wherein the energy is electromagnetic radiation.

16. (Original) The method according to Claim 14, wherein the energy is thermal energy.

17. (Original) The method according to Claim 8, wherein the pultruding step comprises the steps of:

shaping an uncured fiber-reinforced plastic article; and

curing the uncured fiber-reinforced plastic article to form the fiber-reinforced plastic article having a first partially cured state.

18. (Original) The method according to Claim 17, wherein the step of curing the uncured fiber-reinforced plastic article comprises inputting a first type of energy into the uncured fiber-reinforced plastic article, and wherein the step of curing the fiber-reinforced plastic article having the first partially cured state comprises inputting a second type of energy into the fiber-reinforced plastic article having the first partially cured state.

19. (Original) The method according to Claim 18, wherein the first type of energy and the second type of energy are different.

20. (Original) The method according to Claim 18, wherein the first type of energy is electromagnetic radiation in the ultraviolet spectrum, and wherein the second type of energy is electromagnetic radiation in the visible spectrum.

21.-41. (Canceled).

42. (New) The method according to Claim 8, wherein the curing step is performed when the fiber-reinforced plastic article is in the spirally wound shape.

43. (New) The method according to Claim 42, wherein the curing step comprises inputting energy into the fiber-reinforced plastic article.